



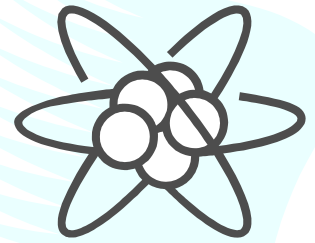
# MFBSA

Family-Centered/Strength-Based

## "Elements of Change"

27<sup>th</sup> Annual Conference  
February 11, 12, and 13<sup>th</sup>, 2009  
Best Western Kelly Inn  
St. Cloud, Minnesota

Over 15 CEUs Available!!!



Minnesota Family Based Services Association  
P.O. Box 6  
Elk River, MN 55330

# "Elements of Change"

**Minnesota Family Based Services Association** is excited to announce our 27<sup>th</sup> Annual Statewide Conference. MFBSA is providing home based, family centered training for all Family Based Workers throughout the State of Minnesota.

Conference workshops are divided into **three skill level categories**. The 1<sup>st</sup> category is designed for those new to the field; these workshops are labeled **Introductory**. The 2<sup>nd</sup> category (**Intermediate**) is designed for those who have been in the field and have some experience in providing mental health services and/or home based services to challenging clients and/or their families. The 3<sup>rd</sup> category (**Advanced**) is designed for the Mental Health Professional who has experience providing in-home and mental health services to client, the assumption for these workshops is that basic knowledge is already learned and understood.

## Conference Highlights

- ★ Over 15 CEU's available!
- ★ Extended workshops about sexual violence and personality traits!
- ★ Culturally diverse workshop selection and Ethics training!
- ★ Excellent Resource Fair!
- ★ Fun and interactive environment at the Kelly Inn!

### Wednesday – February 11, 2009

8:00am	Registration Begins at the Kelly Inn, St. Cloud
8:00 – 9:00am	Continental Breakfast
9:00 – 11:00am	Morning Workshops

Choose one of the following workshops:

#### **1. Breaking the Silence of Sexual Abuse (Part 1): Are our children reporting sexual violence? (Introductory – Intermediate)**

What can we do as professionals to create a safe space for sexual abuse survivors to share their stories of sexual violence? Research suggests that up to 90% of victims of sexual violence know their perpetrator. What are the family/community dynamics that prevent young people from sharing their stories of being sexually violated? This workshop will explore the stigmas and misconceptions connected to sexual violence. Informational material and ideas will be shared on how to work with families experiencing sexual violence. Practical applications will be provided such as: how to respond when sexual violence is disclosed, how does sexual violence effect individuals and/or families, what roles do family members play, and what resources are available. Part 1: Will provide information and discussion more specific to practitioners and foster parents.

**Craig Martin MSW, LICSW**

#### **2. Somali Mental Health (All Levels)**

This presentation will provide a brief overview of Somali culture and a comparison of Somali and western concepts of mental health and mental illness. It will also provide an overview of typical symptoms of Somalis with mental health problems, barriers they face and an intervention model. Special problems of youth and families will also be discussed. There will be ample time for questions and answers.

**David McGraw Schuchman MSW, LICSW**

#### **3. Family Based Counseling with Kinship Families (Intro. – Intermediate)**

The impact on the family system when grandparents take over primary caregiving of grandchildren can be stressful for all members. This workshop will look at the life development stages of each kinship family member. We will discuss common ways in which deviating from normative development can affect the presenting problem. This workshop will also review current laws, caregiving challenges, and resources that affect kinship families.

**Troy Weber-Brown MS, MFT**

**4. *The View from Inside the Family's Front Door; Systematic Family Issues from the Perspective of the Individual Child/Adolescent Diagnosis (Advanced)***

In-home family counselors must make a therapeutic connection, not only with the identified client, but also with other family members within the family system. In this process, it may often be difficult to sort out truth from fiction when inside the family's door. In-home counselors may find themselves wondering, "Who's version of truth do I believe? Which of these stories may be true? If this is true, then what are they not telling me? Where do I start?" Additionally, many of these current issues are connected with intergenerational family patterns. This workshop will examine how some of the more common child diagnosis may actually be beacons of the family's historical unresolved shadows. Differing diagnosis will be reviewed, with examinations of potential underlying family patterns that may be contributing to each diagnosis. In this presentation, the importance of examining the differing versions of "truth" along with the historical patterns of the family system, in drawing upon family strengths, to improve the overall child &/or family successful treatment.

**Gary Gunderson Ed.D**

<b>11:00am</b>	<b>Lunch Served</b>
<b>11:30 – 1:00pm</b>	<b>Keynote Presentation: Mick Mayhew PhD, LMFT</b>
<b>"Change: Working with the Basic Elements"</b>	
<b>1:00 – 2:00pm</b>	<b>Regional Meetings and Elections</b>
<b>2:30 – 4:30pm</b>	<b>Afternoon Workshops</b>

Choose one of the following workshops:

**5. *Breaking the Silence of Sexual Abuse (Part 2): Are our children reporting sexual violence? (Intermediate – Advanced)***

*(Part 1 is not a prerequisite to this session)*

This workshop will provide further exploration of treatment methods, establishing therapeutic relationships, and the creation of personal goals. Case studies will be utilized to address individual/family needs and develop treatment plans. Case staffing techniques will be utilized to explore and/or expand additional methods, plans, and goals.

**Craig Martin MSW, LICSW**

**6. *Vicarious Trauma and Self Care: This job will change you! (All Levels)***

Learn how to enhance team building skills and the knowledge of vicarious trauma and how it affects the individual, the team and the treatment milieu. Discussions on the importance of self-care while working on the unit as well as outside of work, team building and developing positive attitudes among the staff. Discovering the importance of debriefing situations of vicarious trauma with a focus on how when not processed and a negative work environment directly affects the milieu and how the residents respond to treatment.

**Michelle Kimman MS & Denise Dallas BSW**

**7. *Family-Driven, Coordinated, Culturally Competent Human Services (Intermediate – Advanced)***

Consumer-driven ("family-driven, youth-guided"), coordinated, and culturally competent services are considered best practices for all areas of human service delivery, usually producing better outcomes for consumers and better use of resources for agencies. This presentation will combine information from the SAMHSA System of Care initiatives, research data, and local experience in Minnesota to discuss the following topics: 1 – How consumer-driven, culturally competent services can improve experiences for families and professionals, 2 – How services can be delivered with multi-agency coordination and minimum duplication, 3 – How to identify and respond appropriately to cultural differences in local settings, and 4 – How to begin building a "No Wrong Door" approach to human services.

**Timothy Denney MS & Terri Heggie MSW**



## **Thursday Workshops Continued...**

Choose one of the following workshops:

### **13. Spiritual Life Maps (All Levels)**

Spirituality is a way people define meaning and purpose in their life. It impacts one's personal values, beliefs, parenting styles, and coping skills. In this experiential workshop, participants will learn how to assess the role of spirituality in the lives of their clients by using spiritual life maps. Participants will gain insight on how their own spiritual journey has impacted their life and gain an understanding for how to complete this activity with clients.

**Sarah Stelzner MSW, LICSW**

### **14. Technology and the Teenager: Changes in Social Boundaries (All Levels)**

The presenters will integrate the results of a literature review on the topic of teens, technology, and social boundaries with their knowledge and experience in providing mental health services to adolescents and their families. Videotaped clips of families talking about their experiences will be used to highlight information and stimulate discussion about the potential effects of digital communication on mental health. Ideas for mental health treatment plan goals, objectives, and interventions specific to clients struggling with the negative aspects of digital communication will be shared.

**Rebecca Goffman Psy.D & Jaime Monson MSW, LICSW**

### **15. Identifying and Managing Cluster B Personality Disorder Traits in Family-Based Service Relationships (Intermediate – Advanced)**

Disordered personality traits are often undiagnosed, yet are thought to be a contributing factor to many case management difficulties and failures. People with Cluster B personality disorders may experience debilitating consequences, lead chaotic lives, be the most difficult cases with which to work, disrupt therapeutic progress for their children and families, and resist treatment. These cases often involve high usage of social services, and are possibly increasing in incidence. This presentation will help learners to do the following: 1 – Identify traits and behaviors related to DSM-IV-TR Cluster B personality disorders, whether diagnosed or not, 2 – Identify the disruptions to case management and treatment plans caused by these traits, 3 – Identify their own reactions and vulnerabilities related to working with Cluster B traits, 4 – Identify effective coping and management strategies to help in successful case management and to increase positive outcomes, and 5 – Develop effective personal care and support strategies as a professional.

**Timothy Denney MS**

**This is a 4-Hour Workshop from 12:00 – 4:15pm (with a short break)**

### **16. Cultivating and Influencing Your Supervisee (Advanced)**

How to truly influence your supervisee and support their growth without crossing boundaries. We will also look at how to challenge supervisee's blind spots while maintaining the relationship.

**Dan Miller MA, LMFT & Meghan Tyler MA, TCTP**

## **2:15 – 4:15pm Afternoon Workshops**

Choose one of the following workshops:

### **17. Playing at Home: Tools and techniques to create an in-home environment to conduct play therapy (Introductory)**

This workshop will focus on tools and techniques that will aid in conducting play therapy in an in-home setting. Participants will walk away with practical techniques to manage a changing play therapy environment, how to utilize play therapy to build skills, how to present play therapy to in-home clients and how play therapy can be an effective tool for complex families.

**Sarah Coleman MA, LMFT, RPT-S**

### **18. Effective Supervision in a Fast Paced Environment (All Levels)**

Supervision entails a number of factors, in this presentation the audience should expect to gather basic information on clinical and administrative supervision. Learn more about the boundaries that should be established in these relationships, providing supervision, workplace challenges, provider-client dynamics and relationships, ethical and competency dilemmas in supervision.

**Andrea Hendel MA, LMFT**

**Thursday Workshops Continued...**

**19. Father Knows Best: What do dad's bring to a kid's world? (All Levels)**

Father's have a unique role in the lives of children. In recent years, fathers have not been always involved in the lives of their children. Research has shown that the role of the father in their sons and daughters lives in essential to their positive well being. States are recognizing the importance of this and are issuing mandates in social service plans to make an effort to get fathers to be involved in the treatment of their children. This workshop will look at why fathers are important, what are the things they bring to child development, how to engage a father and what to do if no father is available.

**Wendell Veurink**

<b>5:30 – 7:30pm</b>	<b>MFBSA Dinner Banquet and Awards</b>
<b>7:00 – 8:00pm</b>	<b>2009 MFBSA Board Meeting</b>



**Friday – February 13, 2009**

<b>8:00am</b>	<b>Registration Opens</b>
<b>8:30 – 10:30am</b>	<b>Morning Workshops</b>

Choose one of the following workshops:

**20. What Color Are You? (All Levels)**

Do you know what color your personality is? In this seminar we will complete a personality inventory. We will engage in creative activities to examine personality differences and develop a better understanding for why other "colors" act the way they do. We will discuss how personality characteristics of clinicians and clients influence the therapeutic relationship and process. We will also discuss ways this tool can be useful in building team cohesion in your workplace. Come ready to learn about yourself and others in this fun seminar.

**Sarah Stelzner MSW, LICSW**

**21. MST: Multi-Systemic Therapy Approach (All Levels)**

This presentation will educate participants on Multisystemic Therapy Treatment Principles and how to implement MST into their clinical practice. Parent-child interventions will be explored, as well as interventions for non-nuclear families, schools-based services, and peer relationships. Highlights of this presentation also include; linking families with community supports, increasing safety, the importance of psychiatric consultation, and case presentation/clinical consultation.

**Ron Janeiro-Dolan**

**22. Sensory Integration (All Levels)**

Difficulties with sensory processing are prevalent in a number of the families with whom we work. Often, the individuals we are treating have mental health diagnoses such as ADHD and ASD/PDD. While SPD's are treated by Occupational Therapists with specific training, there are implications for mental health given the behavioral differences demonstrated. It is for this reason that mental health providers need to have a grasp of the "basics" with regard to sensory processing differences as well as some ideas on what to do about it. Participants will gain a basic understanding of sensory processing as well as strategies for implementation.

**Shannon Grave, M.Ed., LSW**

<b>10:30 – 10:45am</b>	<b>Check Out of Rooms</b>
<b>10:45 – 12:45am</b>	<b>Final Workshops</b>

Choose one of the following workshops:

**23. School-Based Mental Health: Defining Success (All Levels)**

How can mental health services "fit" in the school environment? What are the barriers to successful school-based mental health programming? What are some effective strategies in working with clients in the school

setting? This presentation will explore these questions...and more! Be prepared to actively participate in discussion about school-based mental health as the speaker shares about her personal experience as a school-based counselor.

**Shannon Kitzberger MA**  
**Friday Workshops Continued...**

#### **24. Helping Childhood Disorders through Horses: Implications from the Field (All Levels)**

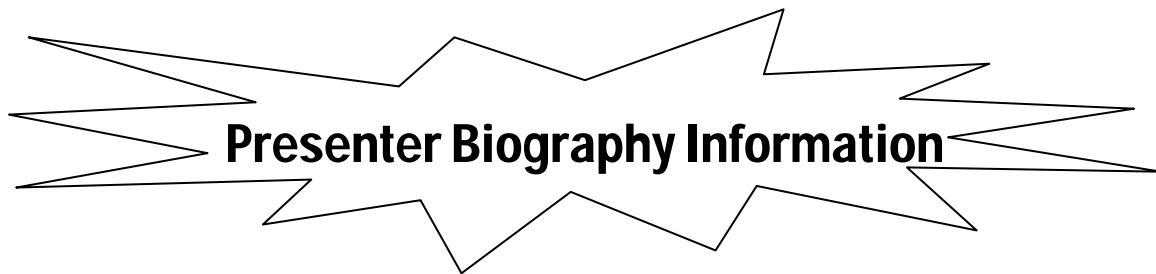
This seminar will focus on what Equine Assisted Psychotherapy (EAP) is and how EAP activities can assist and become a tool for intervention for childhood disorders such as autism, ADHD, anxiety, depression, reactive attachment disorder, Asberger's disorder, and other mental health conditions. Participants will gain insight into how horses can assist families, care providers, and the therapeutic team in understanding and working together for shared growth. Case studies will be discussed with time for questions.

**Dr. Leslie Martin-Russell MS, LMFT, PhD, LP**

#### **25. FASD: Adapt Your Approach, Change the Outcome! (Intermediate)**

Participants will learn about Fetal Alcohol Spectrum Disorders and how the brain functions differently when exposed to alcohol prenatally. Diagnosis will be discussed as well as the sensory integration challenges that an individual may experience. Participants will discover protective factors and treatment options.

**Karrie Halbur**



**Andrea Hendel, MA, LMFT** is employed by Volunteers of Minnesota, Omegon as the Program Director and Clinical Supervisor providing weekly supervision to her staff, weekly groups with the residents and oversees the ongoing clinical process of the program and clients. She received her Masters in Counseling Psychology and her Marriage and Family Therapy certificate at the University of St. Thomas.

**Craig Martin, MSW, LICSW** has been working with survivors of sexual violence for eight years. He has worked as a volunteer advocate, Guardian ad Litem, he is presently male services coordinator for Central MN Sexual Assault Center and in-home practitioner. Mr. Martin has completed various presentations to colleges, high school, and community groups. He also has provided professional training to multi-disciplinary groups, (including the United States Bishops Conference) regarding the impact and dynamics of sexual violence. He has facilitated and organized various support groups and provided services for women, men, and children as both primary and secondary victims of sexual violence.

**Daniel L. Miller, MA, LMFT** is the co-owner of Family Prospective Resources, a family counseling agency located in Big Lake, Minnesota. (check out familypros.com for more info.) Dan continues to provide outpatient therapy for individuals, couples, and families, as well as clinical supervision for his staff, and LMFT supervisees. Dan also is an adjunct professor at Argosy University.

**David McGraw Schuchman, MSW, LICSW** has been in the mental health field for almost 32 years, 27 of which have been as a supervisor and manager. He was a mental health supervisor at Community University Health Care Center (CUHCC) in Minneapolis for 14 ½ years. His primary role there was directing the provision of mental health services to Southeast Asians, Latinos and Somalis. For the last nine years he developed and managed CUHCC's Somali Mental Health Program. He is currently Director of Immigrant and Refugee Behavioral health at Volunteers of America – Minnesota. He has given numerous presentations on refugee and immigrant mental health with an emphasis on Somali mental health. He has also presented on cross cultural health, communication and supervision. David has been on the Board of Directors of the Confederation of Somali Community in Minnesota for seven years and he learns something new every day.

**Denise Dallas, BSW** has been working at Mille Lacs Academy for over eight years in various positions and is currently a Unit Coordinator working with juvenile males who have sexually offended. She has developed an

interest in vicarious trauma after she was severely attacked by a resident. It was then that she realized that supervisors should be trained in how to process and support staff who have experienced traumas at work and wanted to be a part of the development of that training.

**Gary Gunderson, Ed.D** began employment as a school social worker in 1980 on the White Earth Chippewa Reservation. In 1982, he worked for the South Dakota Department of Social Services as a Child Protection Social Worker and Supervisor. In 1987, Gary began providing in-home family therapy for Northern Pines Mental Health Center in Brainerd, MN. He completed his Masters in Psychology in 1990 and began providing out-patient therapy services working with children, adolescents and families in the area of treating abuse/neglect and childhood behavior management issues. In 2006, Gary obtained his Ed.D in Leadership and shortly thereafter joined PATH-MN as the Clinical Director.

**Jaime Monson, MSW, LICSW** is a mental health therapist for Volunteers of America of MN Mental Health Clinic in Golden Valley. She has been working in the Deaf and hard-of-hearing community for the past 10 years in various capacities. She graduated from Gallaudet University, the world's only college for the deaf, with her MSW in 2000.

**Karrie Halbur** is the Family Liaison for Arc Midstate in St. Cloud and the Central MN Resource Coordinator for the Minnesota Organization on Fetal Alcohol Syndrome (MOFAS). She has a BS from Evergreen State College in Washington State, Foster and Adoptive Parent for 17 years. Karrie Halbur has fostered/parented multiple children with FASD over the last 17 years. She has been providing trainings on FASD for one year for MOFAS. She has over 3 years of experience working as the Family Liaison for Arc Midstate, supporting families who have children with special needs. She previously worked as the Central MN Parent Resource Developer for over three years for the North American Council on Adoptable Children.

**Dr. Leslie Russell-Martin M.S. LMFT, Ph.D. LP** is an American Association of Marriage and Family Therapy Clinical Member, a MN Licensed Marriage and Family Therapist, a MN Licensed Psychologist, and MN Board of Marriage and Family Therapy and MN Board of Psychology Supervisor. She is also certified to provide Equine Assisted Psychotherapy by the Equine Assisted Growth and Learning Association (EAGALA). Dr. Leslie's passions are to provide quality mental health care to children and families using both traditional and non-traditional therapeutic methods. Dr. Leslie works with children and families as well as couples and individuals. She also completes psychological assessments for individuals ages 6 months through adult. Dr. Leslie can be reached at True Balance PLLC in Little Falls, MN@ 218-831-1871 or by email at [leslie@truebalancefarm.com](mailto:leslie@truebalancefarm.com).

**Lores Vlamincik, RN, BSN, MA, CHPN** is a nationally known and sought-after consultant educator on end-of-life care and related issues. Lores is a certified hospice and palliative care nurse as well as a trainer for the ELNEC (End-of-Life-Nursing Education Consortium). Lores achieved her Master's degree in nursing education from Bethel University, St. Paul, MN graduating Sigma Theta Tau. Currently, Lores serves on the board for Hospice MN as the Executive Secretary, a nurse consultant for Minnesota Home Care Association, a speaker for PESI Healthcare, and offers mentorship and consulting for home care, hospice, and assisted living staff.

**Meghan Tyler, MA, TCTP** received her degree in Marriage and Family Therapy from Argosy University in 2006. She is a trained Corrective Thought practitioner, is a sexual assault victim advocate, and has experience as a divorce and custody mediator. Her current employment includes; in-home skills/therapy, outpatient therapy, school-based mental health services in Elk River, MN, and intern supervision.

**Michelle Kimman, MS** has been working at Mille Lacs Academy for over ten years working in various positions and is currently a Sexuality Therapist working with juvenile males who have sexually offended. She has developed an increased interest in vicarious trauma and staff self care after the birth of her first child. It was then that she realized how affected she was by the stories and experiences she has had working with at-risk adolescents and she wanted to help other staff with similar experiences. She has trained at different conferences, both state and national. She has also provided trainings to the different Nexus sites and internal trainings for her co-workers where she is employed.

**Mick Mayhew PhD, LMFT** earned his Bachelor and Master of Science Degrees from North Dakota State University, a Doctorate from Iowa State University and did a postdoctoral fellowship at the University of Illinois at Chicago. His clinical practice includes family-based services, day treatment, and out-patient services to the broad spectrum of disorders. His research and professional interests include the development of strategies to create peaceful change within complex systems such as nuclear waste management, sustainable agriculture, and race relations within urban school settings. Throughout his 10 years as a professor, Mick has endeavored to inspire his graduate students in MFT to continually consider and develop their thoughts and beliefs of how change occurs. He attended many MFBSA conferences early in his career and

looks forward to “coming home” to our conference. Mick Mayhew is an Associate Professor of Marriage and Family Therapy at St. Cloud State University and is an Approved Supervisor for the MN Licensure Board of Marriage and Family Therapy.

**Rebecca Goffman, Psy.D** is a mental health therapist and supervisor for the Volunteers of America, MN Mental Health Clinics Deaf and Hard of Hearing (DHH) Program. This program provides school-based mental health therapy, home-based family interventions, and maltreatment prevention services to this unique population.

**Sarah Coleman, MA, LMFT, RPT-S** obtained her Master’s degrees in Counseling Psychology and Marriage and Family Therapy at St. Mary’s University in Minneapolis. Sarah is also a Registered Play Therapy-Supervisor. Currently Sarah works at Family Innovations in Anoka offering individual, couple and family therapy. Her primary focus and work revolves with working with children ages 3 years and up utilizing Play Therapy and provides much of her time in working with children abused or affected by domestic violence. She is one of the co-founders of the Minnesota Association of Play Therapy MNAPT and currently serves on the Board of Directors and is the Treasurer and Vice-President of the organization. She also co-chairs to the conference committee for MNAPT. She previously was the Metro Co-Chair for MFBSA.

**Sarah Stelzner, MSW, LICSW** received her Masters in Social Work from the University of St. Thomas/College of St. Catherine’s in St. Paul, MN. Sarah is a LICSW and is working towards her Registered Play Therapist Certification. In addition, Sarah is an Adjunct Professor in the Social Work department at Winona State University. Sarah’s professional experience includes working with diverse populations providing a variety of clinical services including play therapy and in-home family services. Sarah is currently in private practice working with ABC Child and Family Therapy Center, LLC. Sarah’s clinical focus is serving children with an emphasis in working with early childhood ages 0-5, adolescents and families. She also provides therapeutic support to adult women and couples. Sarah has experience providing presentations at both the state and national levels. She is actively involved in a number of professional organizations including National Association of Social Workers, MFBSA, and the Association of Play Therapy.

**Shannon Grave, M.Ed., LSW** has been providing services to children and families for over 15 years. Shannon works for The Village Family Service Center as an Intensive In-Home therapist, CTSS provider, and Mental Health Consultant to Head Start. Shannon has provided a multitude of trainings to professionals and parents alike on a range of topics using practical, real-life examples as teaching tools. She serves as Adjunct Professor at the University of North Dakota in the on-line multi-disciplinary graduate certificate program for Autism Spectrum Disorders.

**Shannon Kitzberger, MA, MHP** has been working in the mental health field for 10 years. After completing her Master’s of Arts degree in Counseling Psychology (Bethel University, St. Paul, MN), she worked with adults in mental health rehabilitation. While working with adults who had severe and persistent mental health diagnoses, Shannon became increasingly interested in Dialectical Behavioral Therapy techniques. In October 2005, she attended an intensive training on how to facilitate DBT groups. Soon thereafter, Shannon became employed by Greater Minnesota Family Services as a school-based mental health counselor at an alternative school. For the past two years, she has successfully implemented DBT skills in her work with the at-risk adolescent population. Shannon is also the Southern Regional Representative for Greater Minnesota Family Services and serves on the MFBSA Board of Directors as SW Regional Representative (2008 – 2010).

**Terri Heggie, MSW** is the Family Involvement Director for the “Our Children Succeed Initiative” (OCSI) System of Care in NW Minnesota, and is helping to build a family-empowerment movement in the region. Terri also is active in the cultural-competency efforts related to the OCSI.

**Timothy Denney, MS** is assisting in the management of local and national evaluation activities for the “Our Children Succeed Initiative” (OCSI), as well as assisting in school-based mental health and crisis services activities in northwest Minnesota. Tim leads a training process in system improvement and cultural competency for the six counties involved in the OCSI, is part of a nation-wide working group on sexual minority issues related to human service delivery, and has been providing training for counselors and rehabilitation professionals on Cluster B Personality traits. A California native and graduate of Fresno State University, Tim, his wife, and their three dogs live in Crookston where they are enjoying life in rural Minnesota, although they report occasionally missing the mountains, the beach, and the wine country.

**Troy Weber-Brown MS, MFT** currently serves as the KinCare Coordinator and as a Family Based Counselor for The Village Family Service Center. He received his master’s degree in Marriage and Family Therapy from

St. Cloud State University in 2008. Troy is actively pursuing his Doctor of Philosophy in General Psychology (with a focus in Family Psychology) at Capella University in Minneapolis, MN.

***This conference is of interest to all who provide family-centered, strength-based services including in-home workers, skills counselors, licensed mental health professionals, clinical supervisors, marriage and family therapists, clinical social workers, psychologists, school-based mental health providers, mental health case managers, foster/adoptive/kinship parents and providers, social work and counseling students and interns.***

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### **Notification to MFBSA Members:**

There are several At-Large and Regional Representative board positions that will be open for the 2009-2011 Board years. If you are interested in learning more about these positions, please contact Jonelle Bollig at (320) 251-7700 or email [Jonelle.Bollig@lssmn.org](mailto:Jonelle.Bollig@lssmn.org).

### **Scholarships Available:**

The generous members and donors of MFBSA have created a Conference Scholarship Fund. This year there will be the opportunity for one professional and one student to receive a scholarship to attend the conference in full. The deadline for Scholarship Forms is January 31, 2009. For scholarship forms please contact Jonelle Bollig at (320) 251-7700 or email [Jonelle.Bollig@lssmn.org](mailto:Jonelle.Bollig@lssmn.org).

### **Continuing Education Credits/Units:**

Continuing Education Credits have been applied for from the Minnesota Board of Marriage and Family Therapy, Minnesota Board of Psychology, and Minnesota Board of Social Work.

### **Fun Things To Make Sure to Check Out At The Conference:**

Resource Room, Social Networking, Drawings and Silent Auction.

### **Special Accommodations:**

If you have special dietary needs or have a disability needing special arrangements, please contact Jonelle Bollig at (320) 251-7700 or email [Jonelle.Bollig@lssmn.org](mailto:Jonelle.Bollig@lssmn.org).

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## **2008 MFBSA Board of Directors**

**Jonelle Bollig** – President  
Lutheran Social Services

**Amy Unterberger** – Secretary  
PATH

**Michelle Wincell** – Past President  
Touchstone Mental Health Center

**Bridget McConnell** – Treasurer  
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**Amanda Logan** – Central Reg. Rep.  
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**Janee Anez** – Metro Reg. Rep.  
OPTIONS Family and Behavior Services

**Bob Altringer** – NW Reg. Rep.  
Polk County Social Services

**Shannon Kitzberger** – SW Reg. Rep.  
Greater Minnesota Family Services

**David Glesener** – Arrowhead Reg. Rep.  
St. Louis County Human Services

**Jason Smith** – At Large Member  
Volunteers of America – Mental Health Clinics

**Kristy Prindle** – At Large Member  
The Village Family Service Center

**Erin Pounder** – At Large Member  
Volunteers of America – Mental Health Clinics

**Jerry Lindskog** – Board Liaison  
Minnesota Dept. of Human Services

# "Elements of Change"

27<sup>th</sup> Annual MFBSA Conference - February 11, 12, and 13<sup>th</sup>, 2009  
Conference Registration Form – Please copy for each Registration as needed.

**Conference Registration Includes:** All workshops, meals, breaks during the conference, CEU's, and a one-year membership to MFBSA. \*\*Registration does not include hotel accommodations.

Name: \_\_\_\_\_ Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City, State and Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## Registration Cost:

\$225.00 3 Day Rate **Early Registration** postmarked by January 31, 2009.  
**Renewing Member** (2008 MFBSA Member)

\$250.00 3 Day Rate **Standard Registration** (New Member) postmarked after 1/31/09.

\$200.00 3 Day Rate **Student Registration** with copy of Student ID sent with registration.

\$120.00 **Single Day/Commuter Rate**

## New Group Rates!!!

\$200.00 per person Agency Group Rate for **3 or more** attendees! (3 Day Rate)

\$175.00 per person Agency Group Rate for **5 or more** attendees! (3 Day Rate)

**Preferred Payment Method– A check written for the total amount & enclosed with the registration form.** Please make checks out to MFBSA. If necessary, credit card payment will be accepted and processed by the Kelly Inn.

**Payment By:** \_\_\_\_\_ VISA \_\_\_\_\_ M/C \_\_\_\_\_ American Express \_\_\_\_\_ Discover  
Account Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

**MFBSA Cancellation/Refund Policy:** Cancellations need to be submitted in writing by February 3<sup>rd</sup>, 2009. Registration fee minus a \$20.00 membership fee and \$20.00 processing fee will be issued at this time. Refunds requested and received after this date will not be honored.

**Hotel Reservations:** **Call the Best Western Kelly Inn @ (320) 253-0606 and mention "MFBSA" to obtain reduced rates and blocked rooms.**

**Workshop Selection:** You must complete this section as admission to workshops is by reservation only & on a first come, first serve basis. Please make selections carefully & place the workshop number you wish to attend in the time slot below.

**WEDNESDAY:** 9:00 \_\_\_\_\_ 2:30 \_\_\_\_\_  
**THURSDAY:** 9:00 \_\_\_\_\_ 12:00 \_\_\_\_\_ 2:15 \_\_\_\_\_  
**FRIDAY:** 8:30 \_\_\_\_\_ 10:45 \_\_\_\_\_

**Thursday Evening Banquet Meal Options:** *(Please Check ONE Option)*

\_\_\_\_ Not Attending \_\_\_\_\_ Honey Pepper Salmon  
\_\_\_\_ Stuffed Chicken Breast \_\_\_\_\_ Wild Mushroom Penne

**MAIL REGISTRATION TO:** Amy Unterberger, 4255 30<sup>th</sup> Ave. South, Minneapolis, MN 55406  
**QUESTIONS/CONFERENCE INFO:** Jonelle Bollig, [Jonelle.Bollig@lssmn.org](mailto:Jonelle.Bollig@lssmn.org), (320) 251-7700  
Bridget McConnell, [bridgetm@hsciares.org](mailto:bridgetm@hsciares.org), (651) 319-3818